# Field Study Check-Ins:

[Fall 23] Week 3

XXX.

# Reminders

#### Hours

- Your hour requirement is based on the number of units you have enrolled in, which breaks down in this way:
  - 4 units = 8 hours per week aprox
    - By week 3, 24-32 hours completed
  - 5 units = 10 hours per week aprox
    - By week 3, 30-40 hours completed
  - 6 units = 12 hours per week aprox
    - By week 3, 36-48 hours completed
  - 7 units = 14 hours per week aprox
    - By week 3, 42-56 hours completed
  - 8 units = 16 hours per week aprox
    - By week 3, 48- 64 hours completed
- <u>Sample Time Log</u>



## **Reminders P2**



#### Upcoming

- **December 15:** deadline for Student Self-Assessment (released: November 20)
- **December 8** : deadline for Supervisor Evaluation (released: November 22)





# Self-Assessment and Evaluation

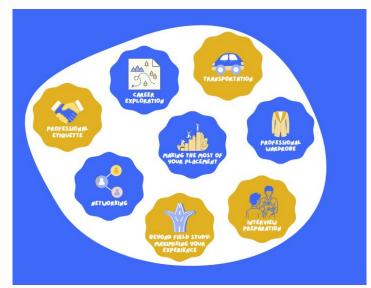
#### Self-Assessment

- Students fill this out
- Optional but highly recommended so we can implement your feedback into future initiatives (e.g., check-ins)
- Optional to submit a file/ picture of your hour tracking log
  - Consider doing this if you are worried about discrepancies

#### Evaluation

- <u>Supervisors fill this out</u>
- Mandatory submission
- Mandatory to submit a file/ picture of student's hour tracking log





The purpose of this page is to connect you to resources and tools to further support your field study experience and career journey thereafter!
Visit the <u>Student Resource Page</u> to access resources, tools, and view video messages from our advisor, sharing helpful tips and best practices!





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### **Some Tips**



#### **Be proactive!**

Go above and beyond, and ask questions

#### **Be respectful**

Listen to input from your team, and learn how to compromise



#### Ask for help

Don't be afraid to reach out when you need it





#### Meetings

Meet with your supervisor(s) regularly

#### Network

Start preparing for and conducting <u>informational</u> <u>interviews</u>

#### Stay organized

Plan ahead, keep a to-do list

## **Student Wellness**

If at any time during the quarter you experience or are affected by extenuating circumstances that affect your performance in the class or your placement, please contact our office immediately so we can assess your situation and provide you options (as needed). We want to support your field study success, so please don't hesitate to reach out.

Wellness Resources

# **Field Study Advising**

Seek Help, If Needed

Our office is here to provide guidance and support through your field study experience.

Reasons to reach out to our team:

- Falling behind with hours or assignments in your course
- Having a difficult time communicating with your supervisor
- Are facing extenuating circumstances affecting your fieldwork and/or field study course.

### **Field Study Advising Services**



