

Men's Size Conversations

Size	Shirt Size	Chest	Waist	Sleeve
36	S	35-37	35-37	35-37
38	S or S/M	37-39	37-39	37-39
40	M	39-41	39-41	39-41
42	M or M/L	41-43	41-43	41-43
44	L	43-45	43-45	43-45
46	L or L/XL	45-47	45-47	45-47
48	XL	47-49	47-49	47-49
50	XL or XL/XXL	49-51	49-51	49-51
52	XXL	51-53	51-53	51-53
54	XXL or XXXL	53-55	53-55	53-55

Women's Size Conversations

Bust	Waist	Hips	Regular Sizes	
32 - 33 ½	26 ½ - 27 ½	36 - 37 ½	4	S
34 - 35	28 - 29	38 - 38 ½	6	
35 ½ - 36 ½	29 ½ - 31	39 - 40	8	M
37 - 38	31 - 32	40 - 41	10	
38 ½ - 40	33 - 34	41 - 42 ½	12	L
40 ½ - 42	34 ½ - 36 ½	43 - 44	14	
42 ½ - 44 ½	37 - 39	44 ½ - 46	16	XL
45 - 47	39 ½ - 42	46 - 47 ½	18	
47 - 49	42 - 44	48 - 49 ½	20	2XL
49 ½ - 51 ½	44 ½ - 47	50 - 52	22	
52 - 54	47 - 49 ½	52 ½ - 54 ½	24	3XL
54 - 56	50 - 52 ½	55 - 57	26	